



Children's Urology Group, PL

HYPOSPADIAS

POSTOPERATIVE CARE OF YOUR SON

WHILE YOU ARE STILL IN THE HOSPITAL

1. Following surgery, your son will be encouraged to drink clear liquids when he is fully awake.
2. He will be discharged home from the hospital when he is tolerating the fluids without vomiting. Nausea and vomiting are common reactions to the anesthesia.
3. Your son may complain of an urge to urinate. This is related to a tube that may have been placed through the penis into the bladder. This tube continually drains the urine, therefore the bladder will never fill with urine. Tell your son that it is all right for him to "urinate" whenever he feels the urge.
4. Do not worry if you see a little blood spotting at the tip of the penis or on the dressing.

UPON YOUR ARRIVAL HOME

DRESSING

1. The penis is wrapped in a special bandage. This bandage will be removed in 7 - 14 days in the office depending on your doctor's specific instructions.
2. Do not worry if you see a little blood spotting through the bandage.
3. Try to keep the bandage and surrounding areas clean with frequent **sponge** baths.
4. There is a tube that passes through the penis into the bladder. This tube will freely and continually drain the urine so that your child's bladder remains empty. He may, however, feel the "urge" to urinate. Reassure him that he is allowed to try and "urinate" whenever the urge arises.
5. If the dressing comes off, please notify the doctor.

DIAPERS

1. Double diaper your son for added protection of the operative site.
2. Continue to place the urinary tube into the diaper as directed by your doctor and nurse. **Depending on the surgery, you may be instructed to allow the tube to drain into a second diaper.**
3. Change your son's diapers more frequently during the first postoperative week.

TUBE IN PENIS

1. There may be a tube that passes through the penis into your son's bladder. This tube is sewn in place. This is used to drain the urine continually from his bladder so that your child does not need to urinate. He may, however, feel the "urge" to urinate because the tube can irritate the bladder. He will be on a medication called oxybutinin (Ditropan) to help relieve this urge and the associated bladder "spasms". Bladder spasms are not dangerous.
2. The bladder spasms may cause some leaking or "spurting" of urine AROUND the tube. This is common and the oxybutinin (Ditropan) medication will help alleviate this.
3. Do not let the tube become "kinked" as this will prevent the free flow of urine.

FOLLOW UP APPOINTMENT:

1. Schedule a follow up appointment for 7 days after surgery to remove your bandage and tube unless otherwise directed by your surgeon.

PLEASE NOTIFY YOUR DOCTOR:

1. If there is no urine coming out of the tube. The tube may need to be flushed.
2. If the tube falls out.
3. If the dressing falls off.

BLADDER SPASMS

1. Bladder spasms occur from the tube irritating the bladder as well as from the normal healing process.
2. Signs of spasms include: arching of your child's back with associated irritability, spurting of urine through and around the tube, a sudden awakening from a sound sleep and a severe urge to urinate.
3. Treat the spasms by first holding and comforting your child and medicate as directed.

DIET

1. You may feed your son juices, Jell-O, formula, breast milk and clear broth for the first postoperative day/evening.
2. A regular diet may be resumed the next morning.

MEDICATIONS

1. You may give your son Tylenol (acetaminophen) for any pain or discomfort.
2. For severe pain your doctor may have prescribed Tylenol with codeine.
3. Ditropan (oxybutinin) is a medication that relieves bladder spasms. Use it as directed by your doctor.
4. Antibiotic should be administered as directed by your doctor.

5. Pyridium (phenazopyridine) is a medication that relieves urinary burning. This will temporarily turn your child's urine and tears orange. Use it as directed by your doctor.

ACTIVITIES

1. **AVOID** straddle toys (bouncers, bicycles, tricycles and rocking horses) for at least ten days unless otherwise directed by your doctor.

2. Infant/child car seats, strollers and high chairs may be used immediately.

3. **AVOID** strenuous activity including but not limited to sports, running and jumping, wrestling, swimming, and riding a bicycle.

4. Your child may ride in the car, take walks as tolerated and walk up and down stairs.

POSTOPERATIVE OFFICE VISIT

1. Your doctor will be removing the dressing in the office. The tube may remain in place after the dressing has been removed.

2. Please schedule a postoperative visit for one week following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

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