



Children's Urology Group, PL

## URETERAL REIMPLANTATION

### POSTOPERATIVE CARE OF YOUR CHILD

#### UPON YOUR ARRIVAL HOME

##### BANDAGE/DRESSING

1. Your child may have a small bandage over the incision site. This will begin to peel off on its own. Once it has started to lift off of the skin you may remove it. You **DO NOT** need to reapply a bandage.

##### URINATION

1. Your child's urine color may change from clear yellow to amber or red. This color change is normal as the bladder begins to heal.
2. It may burn when your child urinates. The doctor may have prescribed a medication called Pyridium (phenazopyridine) to relieve this.
3. Your child may experience daytime and/or nighttime wetting accidents for two to four postoperative weeks.
4. Your child may experience bladder spasms as the bladder continues to heal. Bladder spasms are **not** dangerous. Bladder spasms can cause lower stomach pain and often cause urinary urgency as well as the urge to defecate. If your child awakens from a sound sleep with a sudden startle, this is likely the result of a spasm. The spasms will gradually subside over two to four weeks. Ditropan (oxybutinin) is a medication used to relieve the spasm.

##### BOWEL MOVEMENTS

1. The medications your child has been prescribed and the surgical procedure can contribute to constipation. Keep track of your child's bowel movements and make sure that the diet contains foods that have always resulted in soft, frequent bowel movements in the past.

##### BATHING

1. Your child may resume showers or baths upon arrival home but for no longer than five minutes at a time unless otherwise instructed by your doctor.
2. Do not worry if the bandage begins to fall off. If it does fall off, it does not need to be replaced.

##### ACTIVITIES

1. **AVOID** strenuous activity including but not limited to sports, running and jumping, wrestling, swimming and riding a bicycle.

2. Your child may ride in the car with all straps of the infant/child safety seat in place, take walks as tolerated and walk up and down stairs.

### **MEDICATIONS**

1. You may give your child Tylenol (acetaminophen) for any pain or discomfort.
2. For severe pain your doctor may have prescribed Tylenol with codeine.
3. Ditropan (oxybutinin) is a medication that relieves bladder spasms. Use it as directed by your doctor.
4. Pyridium (phenazopyridine) is a medication that relieves urinary burning. It may have been prescribed by your doctor. It will temporarily turn your child's urine, saliva and tears orange. **DO NOT CHEW THE PILL OR TRY TO MIX IT WITH A LIQUID.** You may crush it and then administer it with soft food (ex.: pudding, applesauce, mashed food). It will **PERMANENTLY STAIN** clothing and sheets. Use it as directed by your doctor.
5. Once your child has completed the full course of postoperative antibiotics, you should resume administration of the **SUPPRESSION ANTIBIOTICS** that your child was on before the surgery unless otherwise directed by your doctor.

### **FEVER**

1. If your child has a temperature below 102F give Tylenol as directed.
2. For a temperature of 102F or higher give Tylenol and please notify the doctor.

### **CONTACT THE DOCTOR IF:**

1. Your child experiences back or flank pain.
2. Your child develops EXTREME pain, redness, swelling or discharge at the incision site.
3. Your child develops a fever > 102F.

### **DIAPERS** (if your child is currently in diapers)

1. Change your child's diapers more frequently during the first postoperative week.

### **FOLLOW UP (RADIOLOGY) TESTS**

1. Your doctor may want your child to have an ultrasound and a VCUG 4 - 12 weeks following surgery.
2. Your doctor will instruct you on the timing and sequence of these studies.

### **POSTOPERATIVE OFFICE VISIT**

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055  
Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.