



Children's Urology Group, PL

ENDOSCOPIC PROCEDURES

CYSTOSCOPY / STENT INSERTION/REMOVAL / RETROGRADE PYELOGRAPHY / URETEROSCOPY/ STONE REMOVAL/LITHOTRIPSY (ESWL)

POSTOPERATIVE CARE OF YOUR CHILD

WHILE YOU ARE STILL IN THE HOSPITAL

1. Do not worry if you see a little blood spotting in the diaper or underwear. You may notice blood tinged urine. This is to be expected.
2. Your child MAY be given a dose of medicine Pyridium (phenazopyridine) in the Short Stay unit which will help to alleviate this discomfort, and may discolor urine, tears and saliva orange.

UPON YOUR ARRIVAL HOME

URINATION

1. You may notice blood tinged urine when your child urinates. This is to be EXPECTED. It may last as long as a stent is in place.
2. Your child may experience burning with urination for the first few postoperative days. Placing him/her in a warm bath **without** soap will help relieve these symptoms. Let your child know that it is okay to urinate into the bathtub if it helps relieve his burning.
3. DO NOT worry if you see blood spotting in the diaper or underwear.

MEDICATIONS

1. Your doctor may have prescribed Tylenol with codeine or Hydrocodone for pain. Use as directed. DO NOT awaken your child just to administer a dose.
2. Your doctor MAY have prescribed antibiotics. Follow the instructions on the bottle.
3. Your doctor MAY have placed your child on a medication (Pyridium/phenazopyridine/AZO Standard) to relieve some urinary burning. This will temporarily turn your child's urine, saliva and tears orange. If your child cannot swallow pills then crush this medicine and mix with food (pudding, applesauce, ice cream, etc.). DO NOT chew the tablet or mix with a liquid.
4. If a stent was placed, your child may have been prescribed Ditropan (oxybutinin) for bladder spasms. SIDE EFFECTS MAY BE FLUSHING, DRY MOUTH, FEELING WARM TO TOUCH AND CONSTIPATION.

ACTIVITIES

1. Activity: Your child may resume all regular activities as tolerated. He/she may return to school and/or day care on the first day after the procedure unless otherwise directed by your doctor.
2. **HOWEVER**, if your child had a **STENT** placed, there may be an increase in bladder spasm and blood in the urine. If either is severe, have your child rest and increase fluid consumption. Increased activity with a stent will cause blood in urine and possibly more spasms. Therefore, limit activities if a stent is in place.

BATHING

1. Normal bathing may resume on the first postoperative day. He/she may sit in a warm bath **without** soap several times a day. This will help to alleviate any discomfort with voiding.

DIET

1. Feed your child juices, Jell-O and clear broth when you arrive home and **ADVANCE HIM TO HIS NORMAL DIET AS TOLERATED.**
2. If he is nauseous, **DO NOT** force food or liquid.

POSTOPERATIVE OFFICE VISIT

1. Please schedule a postoperative visit for 2 weeks following the date of surgery (unless otherwise directed by your doctor) by calling the nearest office during the hours of 8:00 a.m. to 5:00 p.m., Monday through Friday.

St. Petersburg: 727.456.1055

Tampa: 813.874.7500

To reach the doctor after the above hours and on weekends, the answering service will direct you from the above telephone numbers.